

# Spiral Bracelet

Donna Bahls

## Supplies Needed:

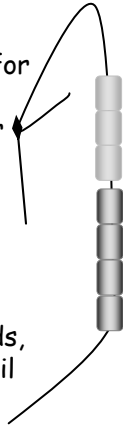
Two colors of size 11 Japanese seed beads  
Size 10 beading needle  
Thread Heaven or wax  
Large decorative bead or button (approx. 8mm)  
Size D beading thread

When you have learned this basic technique, you can use different sizes and shapes of beads for many wonderful effects! Experiment!

1

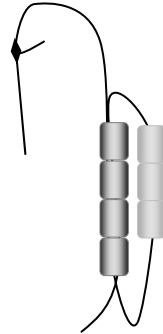
Select one color bead for the center of the bracelet, and the other color for the spiral. Cut a 36" or longer thread and condition it with Thread Heaven.

String 4 of the center beads and 3 spiral beads, leaving an unknotted tail of 10 inches.



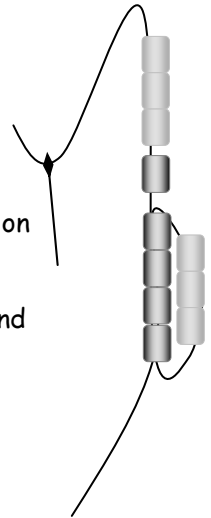
2

Bring your needle back up through the center beads.



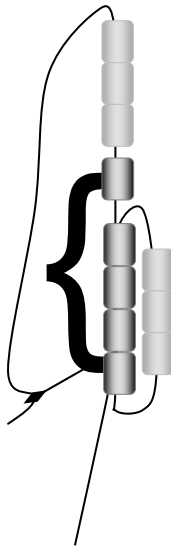
3

String on one center bead and three spiral beads.



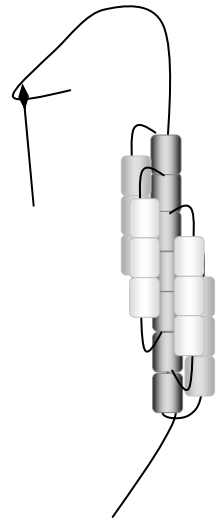
4

Go up through the last 3 center beads and the new center bead. Lay the new spiral beads next to the last row of spiral beads and pull close.



5

Repeat Step 4 until you have the desired length. Remember to lay the new spiral beads close to the last ones done.



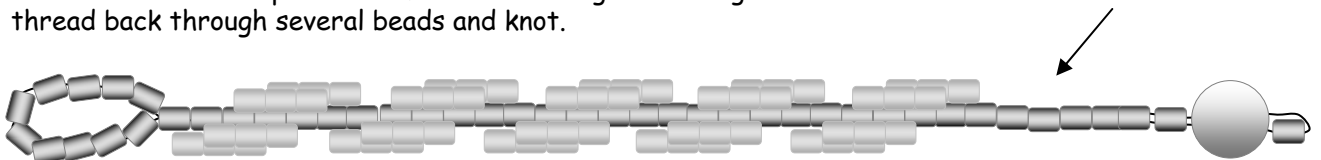
6

Finishing:

String 6 seed beads and the large bead, and one more seed bead. Go back through the large bead and 6 seed beads. Some types of buttons and charms will work well for a closure also. Pull the thread tight and weave the thread back several beads and knot.

Now thread the needle onto the tail. String seed beads to the length needed to make a loop that will fit over the large bead. Again weave the thread back through several beads and knot.

(String some more decorative beads on here for a nice fringe!)



This isn't to scale - and you will have a lot more spirals than this.